



# IT'S BACK!

## Walking Soccer



Fall Season  
**September 13<sup>th</sup> to November 15<sup>th</sup>, 2024**  
(10 weeks)

Winter Season  
**January 3<sup>rd</sup> to March 28<sup>th</sup>, 2025**  
(12 weeks - 1 week off for FC Regina tournament)

**10 – 11 AM**  
**Friday's**

**AffinityPlex Indoor Soccer Centre**  
**1700 Elphinstone Street**  
**(Exhibition Grounds)**

**Cost:** \$10.00 per person for a Saskatchewan Senior Fitness Association seasonal membership (April 1<sup>st</sup> – March 31<sup>st</sup>)  
\$10.00 per person for a Saskatchewan Soccer Association membership (insurance) – will cover fall and winter seasons  
\$5.00 each time a member plays

**Registration Deadline:** Fall Season – Saturday, September 7<sup>th</sup>  
Winter Season – Thursday, December 19<sup>th</sup>

**To Register Contact:** Peggy Wick  
wick\_p@hotmail.com or  
(306) 949-8794



**Come out and  
enhance your muscle tone,  
improve your bone strength, and  
increase your cardiovascular health**



PROUDLY SUPPORTED BY



(a non-government, non-profit, volunteer organization)

regina.sport@ssf.ca  
www.facebook.com/ssfaregina  
www.ssf.ca/districts/regina-sport-district