

ANNOUNCEMENT

MARCH 11, 2025

CANADA 55+ GAMES 2026 POSTPONED!!!!

The Canada 55+ Games, originally set for Winnipeg in 2026, have been postponed to 2028 due to funding challenges and rapid growth in participation. Held every two years, the Games promote physical, social, and mental well-being for seniors aged 55+, featuring 20+ events and activities. Participation surged to nearly 3,000 in 2024.

Run by the volunteer-led Canadian Senior Games Association (CSGA), the Games were canceled in 2020 due to COVID-19 but made strong comebacks in 2022 (Kamloops) and 2024 (Quebec City). Since the Games support senior health, social connection, and active living, they align well with public health and community well-being initiatives.

CSGA President Dave Finn expressed disappointment over the postponement, citing the struggle to secure funding despite extensive efforts.

“This is such an unfortunate situation where we have a national event that encourages so many seniors to stay both physically and mentally active, and yet, despite constant door knocking, emails, and grant applications, we can’t find the funding to support it.”

Supporters/participants are encouraged to contact their local Members of Parliament (MPs) to highlight the importance of the Games and to support the CSGA in advocating for funding to ensure the Canada 55+ Games long-term success.

During the delay, the CSGA will continue working to secure resources to make the 2028 Games even better.

In the meantime, seniors can stay engaged by participating in local and provincial 55+ Games, joining community activities, or staying active with fitness groups.

[Canada 55+ Games – Canadian Senior Games Association](#)