



WHERE: REGINA, SASKATCHEWAN

WHEN: AUGUST 21 – 24, 2028

WHY: PARTICIPATE IN YOUR EVENT! HAVE FUN!

WHO CAN PARTICIPATE?

Canada 55+ Games are open to participants who will be 55 years of age or older as of December 31, 2028.

EVENTS OFFERED:

8-Ball, Five Pin Bowling, Bridge (Contract & Duplicate), Corn Hole, Cribbage, Darts, Golf, Ice Curling, Ice Hockey (Men & Women), Pickle ball, Slo-Pitch, 2 - Person Stick Curling, Swimming, Tennis, Track & Field, and 5 & 10 km run as bonus events.

CONTACT: Refer to website www.canada55plusgames.com and click on “Contact Us > Directors” for your Canada Senior Games Association Director for your Province or Territory for more information.

